

Depression Due to Abortion with Jewels Green

I'll never forget the day I ended up in the hospital when I tried to commit suicide after my abortion.

Abortion may cause depression, anxiety, suicidal behaviors and substance abuse. 42% of women who've had abortions have experienced major depression within the last four years. That's almost double the rate of depression in women who never became pregnant. The risk of anxiety disorders also doubled. Women who have had abortions were twice as likely to drink alcohol at dangerous levels and three times as likely to be addicted to illegal drugs.¹ A large study showed that those who aborted had an over five-fold increased risk for suicide during the first year after the abortion.² As alarming as these statistics are, they cannot convey the tragedy of losing someone who takes her own life after an abortion. If you have had an abortion or know someone who has and needs help, you can contact the Stacy Zallie Foundation or Project Rachel. The Catholic Medical Association supports your right to know. To find out more, visit CathMed.org.

¹ Journal of Child Psychology and Psychiatry 47:16, 2006
(<http://onlinelibrary.wiley.com/doi/10.1111/j.1469-7610.2005.01538.x/abstract>); Journal of Anxiety Disorders Volume 19, 137-142, 2005
(<http://www.vozvictimas.org/pdf/documentos/cougle2005.pdf>)

² "Suicides after pregnancy in Finland, 1987-94: register linkage study" BMJ 1996;313:1431-1434
(<http://www.bmj.com/content/313/7070/1431>)