

Natalie Christine Rodden, M.D.

CURRENT POSITION

Medical Director, Palliative Care, Saint Anthony North Health Campus

Palliative Medicine Physician, *Westminster, CO*

EDUCATION AND TRAINING

- **University of Notre Dame** *Notre Dame, IN*
Bachelor of Arts in Anthropology and Pre-Professional Studies May 2008
- **Tulane University, School of Medicine** *New Orleans, LA*
Doctor of Medicine May 2012
- **University of Utah Internal Medicine Residency** *Salt Lake City, UT*
ABIM Certified June 2015
- **Mayo Clinic Hospice and Palliative Medicine Fellowship** *Phoenix, AZ*
June 2016

AWARDS AND HONORS

- **High School Valedictorian** (2004)
- **Spirit of Notre Dame Award** (2008)
- **Notre Dame Department of Anthropology Academic Excellence** (2008)
- **Gold Humanism Medical Honor Society** (2011)

WORK EXPERIENCE

- **Tennis Instructor, River City Tennis Club** *Jeffersonville, IN (5/04 – 8/05)*
 - Taught tennis fundamentals to children ages 3-18
 - Organized a weekly youth league
- **Student Dispatcher, Notre Dame Security Police** *Notre Dame, IN (10/04 – 5/07)*
 - Answered phones and worked radio for campus police officers
 - Promoted to chief student dispatcher for 2006-2007 academic year
- **Nursing Assistant, Center for Healthy Aging, Senior Friendship Center** *Sarasota, FL (5/05 – 7/05)*
 - Assisted physicians taking patient vital signs; performed medical tests including EKGs, urinalyses, and blood glucose tests
 - Assisted in seeing patients at a homeless shelter clinic
- **Health Educator, Terry Reilly Health Services** *Nampa, ID (5/06 – 7/06)*
 - Provided health screenings, support groups, and medical education to migrant workers
 - Assisted healthcare providers in rural clinics
- **Pastoral Care Intern, Jersey Shore University Medical Center** *Neptune, NJ (5/07 – 7/07)*
 - Worked with the pastoral care ministers, providing emotional and spiritual support to patients and their families
- **Resident Assistant, University of Notre Dame** *Notre Dame, IN (8/07 – 5/08)*
 - Facilitated dorm life community as a leader in residential life; provided support to residents
- **Research Intern, Hospice of the Valley** *Phoenix, AZ (5/08 – 7/08)*
 - Created a comprehensive educational website based on over 30 conducted interviews with educational videos and support resources for healthcare providers
- **Rural Medicine Intern, Tulane University School of Medicine Department of Family and Community Medicine** *Pierre Part, LA (5/09-7/09)*

- Assisted community physicians by seeing patients, taking histories and performing physical exams
- Coordinated with local leaders to create a culture of health in the community by increasing health awareness and providing educational opportunities
- **Palliative Medicine Consulting Physician, St. Anthony North Health Center** *Westminster, CO* (9/16-present)
 - Lead palliative inpatient team consulting for patients with chronic and life-limiting illness
 - Teach family medicine residents and chaplain students, specifically on ethics, palliative care, and humanism in medicine
 - Co-chair the ethics committee and lead ethics education for the hospital
- **Volunteer Clinical Faculty, University of Colorado Health Campus** *Aurora, CO* (11/16-present)
 - Community preceptor for medical students, introducing and teaching clinical principles of palliative medicine

LEADERSHIP EXPERIENCE/COMMUNITY SERVICE

- **Camper Companion, Camp Quality Kentucky** *Nolen Lake, KY* (6/04-8/05)
 - Participate as a companion to children with cancer, helping them cope with their disease, have fun, and rebuild optimism and hope
 - Attend fellowship events throughout the year with a week-long summer camp each August
- **Note-taker, Notre Dame Office for Students with Disabilities** *Notre Dame, IN* (8/05-5/06)
 - Took notes for organic chemistry students
- **Volunteer and Translator, Saint Joseph Health Center** *South Bend, IN* (1/06-5/06)
 - Assisted physicians, translated for patients and worked the front desk answering phones and scheduling appointments
- **Teacher, JFK Centro de Estudios** *Tehuacán, Mexico* (8/06-11/06)
 - Taught English language and American culture classes to Mexican junior high and high school students of a rural community
- **Student Leader, Notre Dame Center for Social Concerns Task Force** *Notre Dame, IN* (1/07-5/07)
 - Provided student representation at meetings regarding Notre Dame's national summer break service project program
 - Liaison between students and campus administrators, helping to organize and improve the program
- **Instructor, American Heart Association Basic Life Support** *New Orleans, LA* (8/08-5/09)
 - Taught BLS courses to fellow medical students and to local citizens
- **Member, Tulane Medical School Student Choir, Uvula** *New Orleans, LA* (8/08-5/10)
 - Sang in concerts for the medical school community, at nursing homes, and for other community events
- **Student Leader, Alternative and Complementary Medicine Interest Group** *New Orleans, LA* (10/08-5/10)
 - Helped run meetings, bring in guest speakers, and help educate and expose students to alternative and complementary medicines
- **Founder and President, Tulane Catholic Medical Students Association** *New Orleans, LA* (10/08-5/10)
 - Established an organization for Catholic students at Tulane University School of Medicine
 - Organized social and spiritual events including potluck meals, guest lectures at school, and health screenings at a local church recovering from Hurricane Katrina
- **Student Coordinator, JumpStart Pierre Part** *Pierre Part, LA* (5/09-5/2012)

- Responsible for serving as the liaison between 17 medical students and local citizens in assisting with their community health initiatives
- Coordinated efforts of local community leaders and the local physicians, brainstorming for events and participating in enacting them
- Helped organize local health fairs, nutrition seminars, walk/runs, and had a presence at local festivals
- **Student Doctor, St. Anna's Free Clinic *New Orleans, LA*** (8/09-5/10)
 - Assisted in performing health screening exams, providing health education and spending time with the underserved of New Orleans
- **Founder and Student Liaison, New Orleans Catholic Physicians Guild *New Orleans, LA*** (10/09 – 5/2012)
 - Sought the interest of and mobilized local physicians to begin this group
 - Worked to plan several community events, including a welcome banquet for incoming medical students, a special commissioning religious service with the Archbishop, and mentoring services for medical students
 - Developed the group to partner with the Archbishop to provide ethical support to the Archdiocese of New Orleans
 - Began a medical ethics journal club for physicians and students from the two medical schools in New Orleans
- **Founder and President, Catholic Medical Association – Student Section *Bala Cynwyd, PA*** (12/09-12/11)
 - Established a national professional society to support and provide resources to Catholic medical students
 - Plan and orchestrate monthly conference call meetings with a student team
 - Present initiatives to the executive board of the Catholic Medical Association
 - Develop a website of student resources and engineer a national membership campaign drive
 - Represent the student section at meetings, conferences, and to the media
- **Participant, University of Notre Dame's Vita Institute *Notre Dame, IN*** (6/12)
 - Represented the medical field at the interdisciplinary ethics conference, working with other pro-life leaders, sharing research and developing progress within the pro-life movement
- **Founder and Liaison, Utah Catholic Physicians Guild (in Formation) *Salt Lake City, UT*** (5/13-6/15)
 - Led community efforts to create a group for Catholic healthcare workers, providing collegial support, ethics formation, and mentorship to medical students and residents
 - Organized annual special religious commissioning service with the Bishop
- **Young Adult Representative, Salt Lake City Diocesan Pastoral Council *Salt Lake City, UT*** (9/13-6/15)
 - Represented the young adult community on the Bishop's advisory council
- **Young Adult Ministry Leader, Catholic Diocese of Salt Lake City *Salt Lake City, UT*** (5/13-6/15)
 - Led the young adult Catholic community in organizing and orchestrating spiritual, social, and community service events, working with local parishes
- **Participant, Catholic Medical Association Resident and Medical Student Ethics Boot Camp *Philadelphia, PA*** (6/15)
 - Served as member of intensive ethics formation course, focusing on end-of-life bioethics
- **Participant, PalliTALK *Madison, WI*** (10/15)
 - Attended national communication workshop for palliative medicine fellows, participating in communication role-playing
- **Participant, GIVEN Forum *Washington DC*** (6/16)
 - Attended inaugural national young Catholic women's leadership conference as a representative of the state of Arizona and the medical field

- **Participant, Pathways to Convergence Project, Pew Research Foundation** *Washington DC (9/16-6/17)*
 - Participant in research study comprised of Catholic end of life health care leaders examining diverse perspectives of Catholics on advanced care planning and palliative care in the United States
- **Co-Chair, St. Anthony North Health Campus Ethics Committee** *Westminster, CO (1/17-current)*
 - Plan and lead hospital ethics meetings, teaching ethical principles, presenting cases, and organize and run ethics consultations.
- **Member, Centura Health System Ethics Committee** *Centennial, CO (3/17-current)*
 - Represent St. Anthony North Health Campus on the health system level in ethics issues and education
- **Young Adult Representative, Denver Archdiocesan Archbishop's Pastoral Council** *Denver CO (3/18-present)*
 - Represented the young adult and medical communities on the Archbishop's advisory council
- **Participant, Community Health Values Committee, St. Anthony North Health Campus** *Westminster, CO (3/18-present)*
 - Represent palliative care and the ethics committee monthly on the hospital board ensuring safety and quality care
- **Event Planner, Catholic Physicians Guild of Denver** *Denver, CO (3/18-present)*
 - Helped organize and enact monthly events for the Catholic medical community, helping to secure venues, give talks, and provide food
- **Leader and Presenter on End of Life Issues ("Intensive Caring" parish seminar program), Respect Life Office, Archdiocese of Denver** *Denver, CO (4/18-present)*
 - Create half-day seminars for Catholic churches to hold to educate and inform about end of life issues, palliative care, and physician assisted suicide.
- **Founder, Catholic Women Physicians Book Club** *Denver, CO (5/18-present)*
 - Establish and organize a study group for Catholic women physicians in the Denver area, providing support and community

RESEARCH EXPERIENCE

- **Hospice of the Valley** *Phoenix, AZ (5/08 – 4/09)*
 - **Mentor:** Gillian Hamilton, MD, Hospice Medical Director
 - **Study:** Improvement of care of amyotrophic lateral sclerosis patients by educating providers
 - **Role:** create a comprehensive educational website based on over 30 conducted interviews
- **JumpStart Pierre Part Community Health Initiatives** *Pierre Part, LA (5/09- 5/12)*
 - **Mentor:** Sherlyn Bell Larrison, MD, Adjunct Family Medicine Preceptor Tulane School of Medicine
 - **Study:** Apply nutrition and healthy lifestyle principles to local Cajun life
 - **Role:** student coordinator, assisting with efforts in the clinic and in community events; led efforts of a group of 17 medical students
- **Mayo Clinic Improving Spiritual Competency and the End of Life** *Phoenix, AZ (4/15-present)*
 - **Mentor:** Mark Edwin, MD, Director, Hospice and Palliative Medicine Fellowship, Mayo Clinic Arizona
 - **Study:** educate staff on identifying spiritual distress, performing spiritual screening and history taking, and demonstrating how religious beliefs impact medical decision-making, notably at the end-of-life
 - **Role:** research coordinator, leading team in establishing goals, working with local religious leaders, patients, and technical support services

PUBLICATIONS

- **Rodden N.** On Being a Catholic Palliative Medicine Physician. *The Lineacre Quarterly*. August 2018; Vol 85 (3) 191-192.

PRESENTATIONS

- Hamilton G, **Rodden N.** ALS: Video Clips of Patients Communicating Their Palliative Care Needs and How to Develop an ALS Palliative Care Program to Meet Those Needs. American Academy of Hospice and Palliative Medicine Annual Assembly, Austin, Texas, March 2009.
- Shah N, **Rodden N**, Glass M. So What's In Your Coffee? Poster Project. Southern Society of General Internal Medicine Regional Conference, New Orleans, Louisiana, February 2011.
- **Rodden N.** An Introduction to the Student Section of the Catholic Medical Association. Notre Dame Center for Ethics and Culture Medical Ethics Conference, Notre Dame, Indiana, March 2011.
- Boswell E, Grundy R, **Rodden N**, Chakraborti C. Chest Pain From a Kissing Bug. Poster Project. Society of Hospital Medicine Annual Meeting, Dallas, Texas, May 2011.
- **Rodden N** and others. An Introduction to the Student Section of the Catholic Medical Association. Catholic Medical Association Annual Educational Conference. Phoenix, Arizona, October 2011.
- **Rodden N**, Pfister A. A Witness to Life: Notre Dame's Interdisciplinary Pro-Life Vita Institute as a Model for Formation and Progress. Catholic Medical Association Annual Educational Conference. St. Paul, Minnesota, September 2012.
- **Rodden N.** A Little Swelling Goes a Long Way. American College of Physicians Utah Chapter Clinical Vignette Contest. State second place. Salt Lake City, Utah, May 2013.
- **Rodden N.** Running a Family Meeting. University of Utah Geriatrics Department Section Talk. Salt Lake City, Utah, June 2013.
- **Rodden, N.** The Sanctity of Work: Living Your Professional Vocation. Salt Lake City Catholic Diocese Pastoral Congress. Draper, Utah, September 2013.
- **Rodden, N.** Catholic End-of-Life Issues. Salt Lake City Catholic Diocese Pastoral Congress. Draper, Utah, September 2015.
- **Rodden, N.** Key Conversations in Advanced Illness. Adult Hospital Medicine Boot Camp, American Academy of Physician Assistants. Scottsdale, Arizona, October 2015.
- **Rodden, N.** Improving Spiritual Competency. Mayo Clinic Arizona Palliative Medicine Grand Rounds. Phoenix, Arizona, December 2015.
- **Rodden, N.** Improving Spiritual Competency. Conference of Religion and Medicine. Houston, Texas, March 2016.
- **Rodden, N.** Improving Spiritual Competency at the Mayo Clinic. Mayo Clinic Arizona Palliative Medicine Grand Rounds. Phoenix, Arizona, June 2016.

- **Rodden, N.** Key Conversations in Advanced Illness. St. Anthony North Health Campus Grand Rounds. Westminster, Colorado, April 2017.
- **Rodden, N.** Empathy Workshop. St. Anthony North Health Campus Resident Education. Westminster, Colorado, April 2017.
- **Rodden, N.** and Rastrelli, A. Hospice and Palliative Medicine: Practicing End of Life Care. Catholic Medical Association Annual Educational Conference. Denver, Colorado, September 2017.
- **Rodden, N.**, and others. Women in Medicine Panel: Real Life Spiritual Pearls. Catholic Medical Association Annual Educational Conference. Denver, Colorado, September 2017.
- **Rodden, N.**, and others. Vocations Panel: Sanctity of Work: Living Your Professional Vocation. Catholic Medical Association Annual Educational Conference. Denver, Colorado, September 2017.
- **Rodden, N.** Palliative Medicine – Caring for the Whole Person When it Matters Most. Camp Experience Women’s Retreat. Empire, Colorado, September 2017.
- **Rodden, N.** Alleviating Suffering Through Palliative Care, Pain Management and Hospice Care. Converging Roads Bioethics Conference. Worcester, Massachusetts, October 2017.
- **Rodden, N.** Advance Directives and Medical Surrogacy. St. Anthony North Health Campus Grand Rounds. Westminster, Colorado, December 2017.
- **Rodden, N.** Empathy Workshop. Centura Health Chaplain Education. Westminster, Colorado, January 2018.
- **Rodden, N.** Alleviating Suffering Through Palliative Care, Pain Management and Hospice Care. Converging Roads Bioethics Conference. Belmont Abbey College. Belmont, North Carolina, April 2018.
- **Rodden, N.**, and others. Professional Panel on Fortitude. Catholic Young Professionals of Denver. Denver, Colorado, April 2018.
- **Rodden, N.**, and Rastrelli, A. Presentation on palliative medicine as related to critical care. Centura Health Critical Care Journal Club. Denver, Colorado, May 2018.
- **Rodden, N.** Hospice and Palliative Medicine: Myths Debunked. St. Anthony North Health Campus Grand Rounds. Westminster, Colorado, May 2018.
- **Rodden, N.**, and Leist, L. Meaning in Medicine: Coping with Difficult Outcomes. St. Anthony North Health Campus Family Medicine Residency Education. Westminster, Colorado, May 2018.
- **Rodden, N.** Sanctification of Work: Living Your Professional Vocation. Catholic Physician’s Guild of Denver. Westminster, Colorado, July 2018.
- **Rodden, N.** Catholic End of Life Issues. Respect Life Conference for the Diocese of Salt Lake City. Cottonwood Heights, Utah, September 2018.
- **Rodden, N.**, and others. Pre-conference symposium on end of life issues. Catholic Medical Association Annual Educational Conference. Dallas, Texas, September 2018.

- **Rodden, N.** Ethics 101 and Implementing Ethical Principles. St. Anthony North Health Campus Family Medicine Residency Education. Westminster, Colorado, September 2018.
- **Rodden, N.** Catholic End of Life Issues. Respect Life Conference at Our Lady of Mount Carmel Parish. Carmel, Indiana, October 2018.
- **Rodden, N.** End of Life Care as a Catholic: Tales from a Joyful Palliative Physician. White Mass keynote speaker. Columbus, Ohio, October 2018.
- **Rodden, N.** Alleviating Suffering Through Palliative Care, Pain Management and Hospice Care. Converging Roads Bioethics Conference. Our Lady of the Lake University. San Antonio, Texas, October 2018.
- **Rodden, N.** Alleviating Suffering Through Palliative Care, Pain Management and Hospice Care. Converging Roads Bioethics Conference. San Francisco, California, *Intended November 2018.*
- **Rodden, N.** Communication Workshop: A How to Guide for Better Connecting with Patients and Families. St. Anthony North Health Campus Family Medicine Residency Education. Westminster, Colorado, *Intended November 2019.*
- **Rodden, N.** Alleviating Suffering Through Palliative Care, Pain Management and Hospice Care. Converging Roads Bioethics Conference. Notre Dame Seminary, New Orleans, Louisiana, *Intended March 2019.*

PROFESSIONAL MEMBERSHIPS

- **American Medical Association** (2008 - present)
- **American Academy of Family Physicians** (2008 - 2012)
- **Louisiana Academy of Family Physicians** (2008 - 2012)
- **Catholic Medical Association** (2009 - present)
- **New Orleans Catholic Physicians Guild** (2010 - 2012)
- **American College of Physicians** (2011 - present)
- **American Academy of Hospice and Palliative Medicine** (2015-present)
- **Center to Advance Palliative Medicine** (2015-present)

HOBBIES AND INTERESTS

- Travel and learning about other cultures (lived in Mexico for 5 months during college, conversational in Spanish)
- Studying medical ethics and the interaction between spirituality and medicine
- Outdoor activities: running, hiking, tennis
- Creative pursuits: creative writing, artwork, reading
- Spending time with friends and family